



BEST PRACTICES FOR RIVER RESTORATION PROJECTS

Main results from RETROUT

Henri Jokinen

Blue growthy in practice online conference 17 February 2021



• • • baltic sea fishing

sustainable fishing tourism

RETROUT WORK ON SEA TROUT POPULATIONS AND RIVER RESTORATIONS

What have we done?

- Assessment of Baltic Sea sea trout river and stock status (to be published)
- Methodologies for assessing and monitoring sea trout river and stock status (to be published)
- Study on river restoration success factors (to be published)
- River restoration demonstrations projects
- River restoration best practices and recommendations (to be published)



MONITORING METHODS

- River Habitat Survey (RHS)
- Trout Habitat Score (THS)
- Electrofishing for parr density estimation

Länsstyrelsen Stockholm



Photo Jānis Bajinskis

River Habitat Survey

Methods for surveying and analysing habitats within and in connection to streams



RESTORATION SUCCESS FACTORS

- 96 projects in 73 riversStakeholder interviews
- Qualitative analyses

RETROUT



Development, promotion and sustainable management of the Baltic Sea Region as a coastal fishing tourism destination

STUDY REPORT

Group of Activities 4.2

Joint evaluation of completed river restoration projects

RESTORATION DEMONSTRATION PROJECTS

- 15 projects in 11 rivers
- Planning and implementation
- Process documentation for experiences and lessons learned





BEST PRACTICES FOR RIVER RESTORATION PROJECTS IN THE BALTIC SEA REGION



BEST PRACTICES FOR RIVER RESTORATION PROJECTS

- Based on RETROUT study and restoration experiences, and expert elicitation
- Optimum conditions & Necessary actions
- Phase-specific and continuous factors



RECOMMENDATIONS

- 1. A successful restoration project is recommended to thoroughly follow order, tasks and duties of the sequential 5 phases of the restoration project process
- 2. A well-managed and coordinated cohesive project team is needed
- 3. Rivers and locations for restoration need to be selected carefully based on informed criteria
- 4. A restoration process must be preceded by sufficient knowledge on the current condition and settings of the river
- 5. Understanding stakeholder's stakes and organising their engagement is critical for important
- 6. Adequacy of funds and other resources on a long-term basis need to be secured before the project can start
- 7. Restoration measure should be chosen based on its expected utility for the ecological objective relative to its costs, within the possibilities set by resources and limitations
- 8. Planning and design of the project need to be done with great care, and these must be preceded by sufficient preparatory work
- 9. Implementation of the restoration plans and designing need to be correct and effective
- 10. The post-implementation processes of monitoring and evaluation need to be carried out for determining the project success and to enable adaptive management of the river







Henri Jokinen Project manager, HELCOM

henri.jokinen@helcom.fi